



# Pause to Consider

Newsletter of the Town of Evans Senior Center

999 Sturgeon Point Road, Derby, NY 14047 - (716) 947-0974

Veronica Sullivan, Director

*Helping Seniors remain in their own homes through active participation, socialization, recreation and nutrition in the community.*

**JULY 2017**

## **REMEMBER EVERYDAY ACTIVITIES**

**7-9 AM EVERY MORNING** in Lounge  
Start your day off with a cup-of-Joe for 50 cents and take the opportunity to socialize with your neighbors!

**12 NOON MONDAY – FRIDAY**  
Lunch served! Stop in any time for a menu. Suggested cost is \$3.00. Please call two weeks prior to order – 947-0874. Please be at the center by 11:45, and please try to call in cancellations before noon any day you can't make it.

## **CALL 947-0974 TO REGISTER FOR:**

### **MONDAY**

Coloring Corner @ 9:00-11:00 AM

Resistance Band Exercise  
@ 11:00AM

### **TUESDAY**

Coloring Corner @ 9:00 AM

Bingo @ 10:00 AM

### **WEDNESDAY**

Diabetic Management Program  
Workshop - July Only  
@ 9:30-10:30 AM

Intro to Watercolors @ 1:30-3:30PM  
Every 2nd Wednesday of the month

Open Watercolor Workshop For  
Seniors & Public @ 3:00-5:00PM  
Every 4th Wednesday of the month

### **THURSDAY**

Cards @ 9:00 AM -3:00 PM

Open Quilting Workshop  
@ 9:00 AM - 3:00 PM  
Every Thursday for the whole summer

Biological Art Workshop  
@ 10:00 AM - 11:00 AM  
1st and 3rd Thursday

### **FRIDAY**

Coloring Corner, Games, Puzzles  
@ 9:00 AM

Beginners Crochet Workshop  
@ 10:30 AM

## **MEETINGS AT THE SENIOR CENTER**

Southtowns Scarlett Chapeaus  
@ 11:00 AM  
1st Monday of the month

Senior Advisory Board Meeting  
Off for the summer. Meetings will  
resume in September on the 2nd  
Monday of the month @ 6:00 PM  
(All seniors welcome)

Evans Art Guild  
@ 6:30 PM  
1st Wednesday of the month

Evans Travel Club  
@ 7:00 pm  
1st Thursday of the month

### **COMING SOON!**

#### **Beginners Computer Lab**

If you are interested in attending, or have questions, please call the Director of the Senior Center, Veronica Sullivan @ 947-0974.

**Do you like to volunteer?** We are looking for individuals who would enjoy teaching our seniors a new craft, or exercise program, or hobby. Give us a call - we'd love to have you!

## **INFORMATION & REFERRAL SERVICES**

Senior Center : 947-0974  
Open 7AM to 4 PM

Meals on Wheels: 822-2002

Evans Rural Transit Van Service  
549-5098 – Dr. Appts, Errands, Etc.

Erie County Senior Services  
858-8526

Telephone Assurance Program  
(TAP) 896-6388

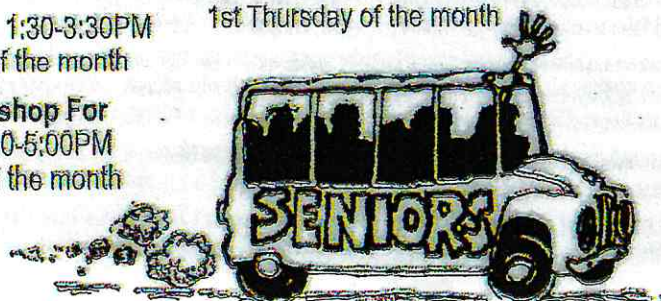
Evans Police –Non-Emergency  
549-3600

**EMERGENCY - Dial 911**  
Fire, Police, First Aid

Evans Center Volunteer Fire Co.  
549-1221

Lake Erie Beach Fire Co.  
549-1122

Angola Village Fire Co.



For more information about additional Senior Services and Programs such as HEAP, Adult Day Care & Respite, etc., please visit the Erie County Department of Senior Services at [www.erie.gov/depts/seniorservices](http://www.erie.gov/depts/seniorservices)

## Summer Adventures at the Senior Center

July 12<sup>th</sup> @ 12:30 - 3:00 PM Seniors will be taking a Tour of Our Lady of Victory Basilica. Limited space available on the Evans Senior Van, so please sign up early if you need transportation! Seniors are also welcome to be part of the tour group, but provide their own transportation and follow our van to the Tour. A \$2.00 donation is requested for this tour.

July 27<sup>th</sup> @ 9:30 AM - 2:30 PM Seniors will be experiencing the Garden Walks of Hamburg. A total of 5 beautiful gardens right in our back yard! So pack a lunch, and come along for a beautiful, fun adventure. Limited space available on the Evans Senior Van, so please sign up early if you need transportation! Seniors are also welcome to be part of the tour group, but provide their own transportation and follow our van to the Tour. A \$2.00 donation is requested for this tour.

**SENIOR PICNIC** For Senior Center members only! Bring a dessert to share! Homemade picnic lunch provided! 9:30 AM - 2 PM  
**Wednesday, July 19th at the Senior Center**

### POSITIVE QUOTE CORNER

*"Move out of your comfort zone. You can only grow if you are willing to feel awkward and uncomfortable when you try something new!"*

## COMMUNITY NEWS

To everyone who was kind enough to contribute to our Raffle Basket Fundraiser, "Thank You!" It was a great success because of the efforts of the community and active seniors of the center.

Conrad Jason, instructor of the Backyard Wildlife Workshop, donated some beautiful perennials to the Center. He and participants of the workshop planted them on the side of the entrance of the center. They look so beautiful!

We are blessed with several different groups and individuals that donated their time and materials to assist with the new direction of the facelift of the Center.

Southtowns Catholic School: Zack, Max, Jacob, Bakney & Quinn, Fallon, Bradean, Brynn Griffin all cleaned the inside hallway of the center and they also weeded the grounds. To see youthful individuals giving of their time and energy was both refreshing and appreciated.

Thank you to Amy MacGregor who donated our center entrance perennials. And also to Camp Pioneer's Steve Raczka and volunteers for the great work on repainting our outdoor signs, and cleaning both inside and outside the center. We are so blessed with having such wonderful people volunteering for us.

This year, the Evans Art Guild Annual Outdoor Art Show will be held here on the Senior Center grounds on July 8th and 9th.

The Senior Center will have a BAKE CENTER at the event and proceeds will go to paying for a senior social event in the Fall at the Senior Center.

If you are an artisan who quilts, crochets, paints, creates, does woodwork, makes jewelry, or other, please contact Sabine Baackmann at 704-5588 if you'd like to have an individual space of your own at the EAG Art Show.

## JOIN OUR NEW TRAVEL CLUB!

Meetings are at the Senior Center at 7 PM the first Thursday of every month!

**HAVE SOME FUN THIS SUMMER - WE'VE GOT TWO GREAT TRIPS PLANNED!**

**SOLD OUT! SENECA NIAGARA CASINO SPECIAL EVENT - Monday, July 10, 2017 SOLD OUT!**

**WHO KILLED ROCCO PALADINO - An Interactive Murder Mystery Luncheon**

Tuesday, August 10, 2017 at the Historic Hamlin House, Buffalo, NY

Gather clues, listen to testimony, question suspects! Prizes & Surprises!

Price per person - \$80.00 - Departing 11AM from Senior Center; Home at 4:30 PM

**FOR MORE INFO AND TO RESERVE YOUR SEAT, CALL TONY MONTORO @ 549-5347**

### OPEN TO THE PUBLIC TAKE ADVANTAGE OF THIS RESOURCE OPPORTUNITY

**Thursday July 13th from 10-12** Case manager will be on site to answer general senior service info, discuss benefits and entitlements and help you with SNAP applications. SNAP requirements: Single \$1,962 Couple \$2,655, No resource Limit. We will have applications with us... **YOU NO LONGER HAVE TO GO DOWNTOWN FOR HELP.** We assist with the process and then mail everything downtown for you. They will do a phone interview.

**Tuesday Aug 15th from 10-12** Case manager will be on site to answer general senior service info, discuss benefits and entitlements and help you with SNAP applications. SNAP requirements: Single \$1,962 Couple \$2,655, No resource Limit. We will have applications with us... **YOU NO LONGER HAVE TO GO DOWNTOWN FOR HELP.** We assist with the process and then mail everything downtown for you. They will do a phone interview with you.

**Thursday August 31st from 10-12** If you have received your early HEAP rebates by this date a Case Manager will be on site to help you fill out your recertification's. You will need your income, your HEAP rebate and your gas and electric bill. We will be on site to hand out general info or answer your questions about senior services.

**\*\*\*ANY CLIENT THAT RECEIVES SNAP (FOOD STAMPS) DOES NOT HAVE TO APPLY FOR HEAP. THEY SHOULD AUTOMATICALLY SEE THAT CREDIT ON THEIR GAS BILL. THE CREDIT USUALLY TAKES SOME TIME. IF THEY DO NOT SEE THE CREDIT BY MID JANUARY 2018, LET US KNOW, WE CAN FOLLOWUP WITH OUR HEAP CONTACT\*\*\***