



Erie County Stay Fit Dining Program Menu

April 2022



Monday	Tuesday	Wednesday	Thursday	Friday
28 Cheese Ravioli with Tomato Meat Sauce Peas Summer Squash Medley Italian Bread Peaches (738)	29 <i>New Menu Item!</i> Chicken Shawarma Lemon Green Beans Cauliflower Quinoa Tabbouleh Salad Sugar Cookies (637)	30 Roast Beef with Horseradish & Gravy Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (811)	31 <i>Entree Salad</i> Cranberry Chicken Salad on a Bed of Salad Greens Club Crackers Mandarin Oranges Chocolate Milk (718)	April Fool's Day Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Orange Juice Warm Biscuit Fresh Fruit Salad S'mores Scramble (825)
4 Boneless Chicken Breast with Marsala Sauce Rice Pilaf Broccoli & Cauliflower Grape Juice Chocolate Chip Cookies (686)	5 <i>Soup & Salad</i> Broccoli Cheddar Soup Chef Salad with Dressing Carrots Cornbread Mandarin Oranges (745)	6 Polish Sausage with Sauerkraut & Mustard on a Bun Parslied Potatoes Au Gratin Broccoli Rice Krispie Treat (831)	7 Tortellini with Meatsauce Chef Salad with Dressing Italian Mixed Vegetables Italian Bread Fresh Apple Chocolate Milk (737)	8 <i>Entree Salad</i> Tuna Macaroni Salad on a Bed of Salad Greens with Dressing Whole Grain Crackers Strawberry Bavarian (693)
11 Turkey with Stuffing, Gravy & Cranberry Sauce Mashed Potatoes Carrots Loma Doones (699)	12 Beef Stroganoff over Pasta Broccoli Waxed Beans with Carrot Butterscotch Pudding (624)	13 <i>Easter Meal</i> Chicken Cordon Bleu with Herb Cream Sauce Vegetable Rice Pilaf Orange-glazed Carrots Dinner Roll Chef Salad with Dressing Coconut Cream Pie (1150)	14 Roast Pork Loin with Cranberry Compote Sweet Potatoes Green Bean Casserole Whole Wheat Bread Chunky Cinnamon Apples Chocolate Milk (758)	15 No Meals  Served
Dyngus Day Lunch Cabbage Roll with Savory Meat Sauce Garlic Mashed Potatoes Corn Dinner Roll Chocolate Éclair (801)	19 <i>Entree Salad</i> Grilled Chicken, Mandarin Orange & Sunflower Salad Whole Wheat Crackers Strawberry Ice Cream (611)	20 Beef Bourguignon Mashed Potatoes French Bean Medley Wheat Bread Oatmeal Raisin Cookies (857)	21 Chicken Pasta Primavera Italian Vegetables Dinner Roll Fresh Banana Chocolate Milk (676)	22 Ham Steak with Brown Sugar Glaze Cheesy Scalloped Potatoes Brussels Sprouts Rye Bread Pear Crisp (650)
25 Caribbean Chicken Stew Broccoli Cornbread Pineapple (678)	26 Hot Dog with Baked Beans & Ketchup on a Bun Roasted Red Potatoes Carrots Fresh Apple Chocolate Milk (766)	27 <i>Entree Salad</i> Julienne Salad with Dressing Rye Bread Cinnamon Streusel Cake (791)	28 Lasagna Roll with Meat Sauce & Shredded Mozzarella California Vegetable Medley Grape Juice Chef Salad with Dressing Dinner Roll Lemon Bavarian (883)	29 Meatloaf with Swiss Gravy Mashed Potatoes Peas with Pearl Onions Wheat Bread Brownie (849)

