



# PAUSE TO CONSIDER

## Newsletter of the Town of Evans Senior Center

999 Sturgeon Point Road, Derby, NY 14047 - (716) 947-0974

**OFFICE HOURS 7AM-4PM** Veronica Sullivan, Director

*Helping Seniors remain in their own homes through active participation, socialization, recreation and nutrition in the community.*

## FEBRUARY 2019

### REMEMBER EVERYDAY ACTIVITIES

**7-9 AM EVERY MORNING** Start your day with some cardio vascular exercise in our open Gym. Utilize the exercise equipment and walk laps around the gymnasium.

**12 NOON MONDAY – FRIDAY**  
Lunch served! Stop in any time for a menu. Suggested cost is \$3.00. Please call two weeks prior to order – 947-0974. Be at the center by 11:45, and please try to call in cancellations before noon any day you can't make it.

### CALL 947-0974 TO REGISTER FOR: MONDAY

**Coloring Corner/Puzzles/Games**  
@ 9 AM – 3 PM (every week)

**Resistance Band Exercise**  
@ 11 AM (every week)

**Charity Quilting @ 9 AM-3 PM**  
(every 2<sup>nd</sup> Monday–each month)

### TUESDAY

**Bingo @ 10 AM -11 AM** (every week)

**Low/No Impact Cardio Workout w/Lisa @ 10 AM** (every week)

**Open Computer Lab -**  
@ 10 AM-12 PM (every week)

**Beginner Tap @ 11:15 AM –11:45 AM**  
(2<sup>nd</sup> & 4<sup>th</sup> Tuesday each month)

### WEDNESDAY

**Coloring Corner/Puzzles/Games**  
@ 9 AM – 3 PM (every week)

**Sitting in Motion Exercise -**  
@ 10 AM-11AM (every week)

**Open Computer Lab -**  
@ 10 AM-12 PM (every week)

### **Tai Chi for Beginners \*\*\*NEW**

@ 1:45 PM - 2:45 PM every week (sitting & standing style). Geared for senior population. **\*Must sign up**

### **Tai Chi for Intermediate \*\*\*NEW**

@ 2:50 PM – 3:50 PM every week (sitting & standing style). Only for students who attended Fall 2018 classes prior. **\*Must sign up**

### **Painting With Acrylic**

@ 1:30 -3:30 PM (new instructor)  
Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday each month. Open to public-must sign up

### THURSDAY

**Cards @ 9 AM - 3 PM** Every week

**Open Corn Hole @ 9 AM-12:00 PM**

**Beginners Quilting @ 9AM - 3PM -**  
1<sup>st</sup> & 3<sup>rd</sup> Thursday each month

### **Open Quilting Workshop**

@ 9 AM - 3 PM every week  
**NEW Yoga Class @ 10 AM – 11 AM**  
1<sup>st</sup> & 3<sup>rd</sup> Thursday each month.

Standing and sitting style will be taught

**Healthy Self @ 11:15-11:45 AM 2<sup>nd</sup> & 4<sup>th</sup> Thursday of each month**

Meditation, relaxation techniques, more

### FRIDAY

**Coloring Corner/Puzzles/Games**  
@ 9 AM – 3 PM (every week)

**Beginners Crocheting Class @**  
10:30 AM–12 PM w/Anne (every week)

**Line Dancing Class@10:30-11:30 AM**  
(every week) **\*\*Must sign up!**

**Beginners Sewing Class @1 - 3PM**  
(Every week starting in April - June).

All levels welcome to do current or past projects. Limited space.

***A Stay Fit Nutritional Lunch Program is offered at the Evans Senior Center each day at noon. Cost is \$3 per meal. Two weeks advance registration required.***

### MEETINGS AT THE SENIOR CENTER

**Senior Advisory Board Meeting**  
@ 6:00 PM 2<sup>nd</sup> Monday of the month  
**Travel Club @ 7:00 PM** on the 2<sup>nd</sup> Monday of the month

**Do you like to volunteer?** We are looking for individuals who would enjoy teaching our seniors a new craft, or exercise program, or hobby. Give us a call - we'd love to hear from you!

### INFORMATION & REFERRAL SERVICES

**Community Concern of WNY**  
947-5025

**Meals on Wheels: 822-2002**  
**Evans Rural Transit Van Service**  
549-5098 – Dr. Apt, Errands, Etc.

### **Going Places Van**

858-7433 Mon–Fri, 8:30–4:30

**Erie County Senior Services**  
858-8526

**Telephone Assurance Program**  
(TAP) 896-6388

**Evans Police–Non-Emergency**  
549-3600

**Highland Hose Volunteer Fire Co.**  
947-4505

**Evans Center Volunteer Fire Co.**  
549-1221

**North Evans Volunteer Fire Co.**  
627-3410

**Lake Erie Beach Fire Co.** 549-1122

**Angola Village Fire Co.** 549-3022

For more information about additional Senior Services and Programs such as HEAP, Adult Day Care & Respite, etc., please visit the Erie County Department of Senior Services @ [www.erie.gov/depts/seniorservices](http://www.erie.gov/depts/seniorservices)

### **Positive Quote Corner:**

Progress is impossible without change –  
And those who cannot change their minds  
Cannot change anything.

# SPEAKERS CORNER NEWS @ THE SENIOR CENTER

## Special Featured Speakers for the Month of February 2019 & Open to the Public

### \*\*\*Need to call and sign up for Speakers\*\*\*

- Monday, February 4<sup>th</sup> @ 1 PM “**Stroke Prevention and Awareness**” presentation by Kaleida Health Outreach Representative Francesca Mesiah, MS
- Thursday, February 7<sup>th</sup> @ 10:30 AM “**Sunshine Wellness: Presentation**” by Health Coach, Rebecca McNamara. She will partner up to set goals to help you lead a healthier lifestyle. Besides food, we will explore the areas of career, relationships, spirituality and physical activity.
- Monday, February 11<sup>th</sup> @ 12:30 PM “**Should I turn things over to my children? Joint Accounts, Life Estates, Power of Attorney.**” Presentation by Valerie L. Stanek, Esq.
- Monday, February 11<sup>th</sup> from 9 AM – 1 PM \***Enhanced STAR Program**\* Jeneen Hill, SCA, will be on site at the Senior Center to assist Seniors with their Enhanced STAR Applications. She will also accept completed applications. Appointments are necessary. A sign-up sheet is available at the Senior Center or call the Senior Center at (716) 947-0974 to make an appointment.
- Tuesday, February 19<sup>th</sup> @ 12:30 PM “**Owl Habits and Habitats**” presentation by Buffalo Audubon Naturalist, Tom Kerr.
- Monday, February 25<sup>th</sup> @ 12:30 PM. “**The Bike Path Killer**” presentation by Linda Drajem, Ph.D., writer, poet and docent at Burchfield Penney. Altemio Sanchez was a modern day Jekyll and Hyde. He was a family man who resided in Buffalo with a wife and two sons. He worked nights as a machinist but concealed a terrible secret. He was known as the Bike Path Rapist until he crossed the line from rape to murder.
- Tuesday, February 26<sup>th</sup> @ 10 AM – 12 PM “**Arts Access Program**” presentation by Jess Trainor. This is a free program that opens the door to arts and culture opportunities in our communities. **(Prior year applicants need to come and receive updated cards!)**

## COMMUNITY NEWS

- The Director of the Senior Center would like to say “**Thank You**” to the three anonymous individuals who donated to our senior activity account. Your generosity is appreciated and will be put to good use for the Senior Center needs. God Bless all of you in supporting the Center.
- The Director of the Senior Center would like to remind the Evans Community to take advantage of all the speakers and workshops that are being offered at the Senior Center...**Knowledge is Power!**
- **Every last Thursday of the month**, we celebrate members of the center’s birthdays with a celebration cake at 12:00 PM. Everyone is welcome!!

- Thank you to **“Hollie Day”** the clown entertainer who donated her time and performed for our seniors at one of our lunches. Everyone enjoyed the performance.
- During the Holiday month, we were honored to have the **Guitar Quartet** donate their time and play for our senior audience. The performance was so enjoyable to watch these talented individuals play diverse music from all over the world. Huge “Thank You!”
- The Christmas Party was absolutely wonderful, and again, the “Lake Shore Jazz Band” knocked it out of the ball park. It was a pleasure to have the students participate in lunch with our senior members. The staff and I would like to say, “Thank You” to all the ladies who baked and donated the holiday cookies to be put at each place setting.
- Would like to say “Thank You” to our Town Supervisor, Mary Hosler, for sponsoring the Lake Shore Jazz Band students’ lunches at our Holiday Christmas event.

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**Support the Senior Center with your empty cans and bottles by returning them in the name of Evans Senior Center to: “Green Zone” on Erie Road, Angola, and “Can Counter” located at 6811 Erie Road, Derby**

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## **JOIN IN OUR NEW TRAVEL CLUB!**

**“Elvis, Las Vegas Style” at Seneca Niagara Casino’s Bear’s Den:**

**On Monday, March 25<sup>th</sup>, 2019; Price is \$40.00 per person; \$15.00 Free Slot Play**

**Lunch Buffet is included. Departure - 9:00 AM at the Evans Senior Center/ Return - 5:00 PM**

**For Reservations and/or Questions contact Tony Montaro at (716) 549-5347.**

# Please renew your Senior Citizens and Enhanced STAR property tax exemptions

Dear Homeowner:  
**NEW FOR 2019**

For 2019, you **MUST** apply separately for the Enhanced STAR & Senior Citizens Exemptions. Previously, there was only one form for both exemptions. That is no longer the case. The NYS Legislature changed the law to make the **Enhanced STAR Income Verification Program MANDATORY**. **All Seniors receiving the Enhanced STAR exemption are now required to participate in the Income Verification Program.** In future years, you will not be required to renew your Enhanced STAR exemption with my office. The New York State Tax Department will notify me whether your income is below the Enhanced STAR limit.

To be eligible for the 2019 Senior Citizens exemption, your income **MUST BE \$35,400** or less.

## Instructions:

To continue receiving the Senior Citizens and Enhanced STAR exemptions in 2019 and beyond, **please provide the forms and documentation below to my office by MARCH 1, 2019.**

## FOR the Senior Citizens exemption, you **MUST** submit:

1. **Form RP-467-Rnw**, Renewal Application for Partial Tax Exemption for Real Property of Senior Citizens, and
2. **A copy of your most recent Federal or New York State income tax return.**

**If you are not required to file income tax returns, you MUST provide your income documentation, including social security statements, 1099 forms and other income statements.**

## For the Enhanced STAR exemption you **MUST** submit:

1. **Form RP-425-Rnw**, Renewal Application for Enhanced STAR Exemption for the 2019-2020 School Year, and
2. **Form RP-425-IVP**, Supplement to Forms RP-425-E and RP-425-Rnw, **MANDATORY for all Enhanced STAR Applicants, and included the Social Security numbers of all owners and any owners spouse who resides on the premises**, and either:
3. **Copy of our 2017 Federal or New York State income tax return, or**
4. **If you were not required to file a 2017 income tax return, please submit Form RP-425-Wkst, Income for STAR Purposes Worksheet.**

If you have any questions, you can contact my office at (716) 549-5752.

Sincerely,  
Jeneen Hill, SCA